

First Aid Kit Checklist

AUSTRALIA

What to Pack for Home, Car & Travel

Based on Australian Standard (AS 2675:2015)

WOUND DRESSINGS

- Adhesive Bandages (Assorted)
- Sterile Gauze Pads
- Wound Dressing Pads
- Adhesive Tape
- Conforming Bandages
- Triangular Bandage

CLEANING & ANTISEPTICS

- Antiseptic Wipes
- Antiseptic Solution
- Saline Solution
- Tweezers
- Splinter Probes
- Cotton Balls & Swabs

INSTRUMENTS

- Scissors
- Disposable Gloves
- Resuscitation Mask
- Thermometer
- Instant Cold Pack
- Eye Wash & Eye Pads

MEDICATIONS

- Pain Relief Tablets
- Antihistamines
- Burn Gel
- Hydrogel Dressing
- Emergency Blanket

OTHER ESSENTIALS

- CPR Instruction Card
- First Aid Manual
- Notepad & Pen
- Safety Pins
- Face Shield
- Emergency Whistle

– Check & Restock Kit Regularly –

In Case of Emergency: **Call 000**