

Aftershock Safety Guide



Essential Steps to Stay Safe After an Earthquake



Be Prepared for Aftershocks

Aftershocks can be as dangerous as the initial quake. Here are essential steps to protect yourself and others after an earthquake.

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What to Do After an Earthquake



1 Expect Aftershocks

Be prepared for follow-up aftershocks. Move to an open space if you feel an aftershock approaching.



2 Check for Injuries

Look after yourself and others. Administer first aid if your level qualified. Assist the injured without putting yourself at risk.



3 Avoid Hazards

Avoid damaged buildings, downed power lines, and other hazards. Be alert for gas leaks, turn off the gas and leave the area if you suspect a leak.



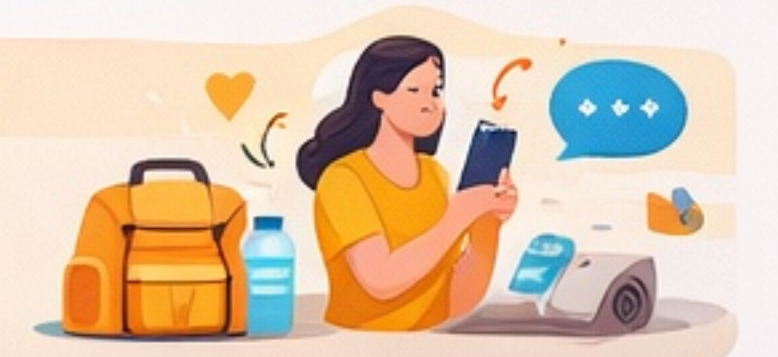
4 Listen to the Radio

Listen to emergency radio, the news, or follow local authorities advice via smartphone for information and updates.



5 Communicate Envetyely

Use text or social media to check in with loved ones, then inthery of your safety and help keep phone lines clear for emergencies.



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