

Bushwalking Safety Checklist

Stay safe and prepared in Australia's wild outdoors

Before Your Walk



Study your route and **check trail conditions**

Check **weather** and **fire danger ratings**



Tell someone your plans, including your route and return time



Pack **water, food, and sufficient first aid supplies**



Pack a **map, compass, flashlight** with extra batteries, and a personal locator beacon if venturing far



Wear sturdy, gripped footwear and weather-appropriate clothing



Charge and pack your phone, consider a power bank, and store the emergency number **000**

During Your Walk



Stick to **marked trails** and **stay with your group**



Monitor the **weather** and **turn back** if conditions worsen



Watch for wildlife and keep your **distance**



Take regular **breaks, hydrate**, and protect yourself from the sun



Be alert for emergencies as coverage can be patchy



Call 000 if there's an emergency: give your location using a map or GPS

After Your Walk



Inform the person you notified earlier that you're **back safe**

Check your gear for damage and remove ticks if needed

Reflect on the walk and learn from the experience for future trips

Useful Emergency Contacts



Fire & Rescue



Police

Police



Ambulance



SES



Dial 000 for emergency services

Follow official advice and respect local guidelines for safe bushwalking.

www.firerescue.com.au

