



Emergency Evacuation Behaviour Under Stress

Australian Safety Guide

Why People Panic

- Fear & Confusion
- Lack of Information
- Crowd Pressure



Common Behaviours

- Freezing Up
- Rushing for Exits
- Following Others



Stay Calm & Prepared

- Know Your Exits
- Review Evacuation Plans
- Practice Drills



Key Safety Tips

-  Follow Instructions
-  Help Others if Safe
-  Keep Low in Smoke

In Case of Emergency

-  Alert 000
-  Evacuate Immediately
-  Stay Out & Stay Safe

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