

# Medical Emergency Plan Australia:

## Family 000 and Medication Framework



[www.firerescue.com.au](http://www.firerescue.com.au)

### Essential Steps for Emergency Preparedness

- Create a Family Emergency Plan**  
List allergies, medications, & medical conditions.

- Know When to Call 000**  
Understand when and how to call Australia's emergency number.

- Teach Basic First Aid**  
Learn CPR & first aid skills.

- Prepare Information**  
Have emergency contacts & health details ready.



### Understanding Emergency Services



**Ambulance**

— Medical Assistance. —



**Fire & Rescue**

— Fire & Rescue Operations. —



**Police**

— Law Enforcement. —



**SES**

— Storm & Flood Response. —

### Quick Actions in a Medical Crisis

- Stay Calm & Assess the Situation
- Call **000** for Help Immediately
- Provide Clear Health Information
- Perform First Aid if Able to Assist

### Aftercare & Updates

- Monitor Recovery & Follow Up
- Review and Update Emergency Plan
- Communicate with Health Professionals

