



FireRescue
AUSTRALIA

PREPARE
PROTECT
TOGETHER
SAFER COMMUNITIES

*Stronger
Together*

How to Prepare Your Home and Family for Emergencies in Australia

BE INFORMED | BE PREPARED | BE SAFER TOGETHER



1 Create a Household Emergency Plan



- Discuss local risks in your area (bushfire, flood, storm, heatwave etc).
- Set roles for everyone in the household (e.g. who checks warnings, who looks after pets, who helps younger children).
- Choose meeting places – one near home and one further away if you can't get home.
- List key phone numbers (e.g. 000, family, school, work, neighbours).

2 Prepare an Emergency Kit



- Water – at least 3 days (suggest 3 litres per person per day).
- Non-perishable food – at least 3 days supply.
- Torch and spare batteries.
- Battery or hand-crank radio (to get official warnings).
- Phone charger or power bank.
- First aid kit.
- Essential medicines (prescription and over the counter).
- Important documents (in a waterproof bag).
- Pet supplies (food, water, medication, lead, carrier).

3 Fire Safety & Bushfire Readiness



- Test smoke alarms every month and replace batteries as needed.
- Clear fine fuels (dry leaves, grass, bark) from around your home, gutters, decks and under the house.
- Know when to leave early – don't wait until it's too late.
- Follow official warnings and advice from your state or territory (e.g. Emergency WA, VicEmergency, NSW RFS, QFES, CFS, etc).

4 Basic First Aid Preparation



- Do a formal first aid training course (e.g. from St John, Red Cross or other approved providers).
- Know CPR basics – hands-only CPR can save a life.
- For burns, cool with running water for at least 20 minutes.
- For bleeding, apply direct pressure with a clean cloth.
- Call 000 for life-threatening injuries or if unsure.

5 Review and Practise



- Run household drills so everyone knows what to do.
- Update your emergency kit every 6 months (check food, water, batteries, medicines, documents).
- Attend community information sessions (e.g. local FireRescue, SES or council events).

✓ If You Only Do Five Things



Make a plan

Talk about risks, set roles and choose meeting places.



Install smoke alarms

Test monthly and replace batteries.



Prepare a kit

Water, food, essentials for you and your pets.



Do first aid training

Learn CPR and basic first aid skills.



Clear hazards and monitor alerts

Remove fine fuels and follow official warnings.



Who does what in Australia?



Fire and Rescue Services

Respond to fires, rescues, hazardous materials and other emergencies (mainly in urban areas).



Police

Keep the community safe, manage incidents, control access and support evacuations.



Ambulance

Provide emergency medical care and transport to hospital.



State Emergency Service (SES)

Help with storms, floods, cyclone, tsunami and other natural hazard emergencies.



In any emergency call **000**



FOR LIFE THREATENING EMERGENCIES
IN AUSTRALIA, CALL TRIPLE ZERO (000)